


## Breakfast/Lunch Menu

BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains Fruit or Veg Milk	**WG Cheerios/Corn Flakes Diced Pears, Apple Juice	**WG French Toast Sticks Mixed Fruit, Orange Juice K5-String Cheese/Graham Cracker	Egg Patty Mandarin Orange, Apple Juice K5-Cereal Bar	**WG Pancakes Applesauce, Orange Juice K5-Yogurt/Graham Cracker	**WG Cheerios/Corn Flakes Diced Peaches, Apple Juice

LUNCH MEAL PATTERN					
	10/4/2021	10/5/2021	10/6/2021	10/7/2021	10/8/2021
M/MA Vegetables Fruit Grains Milk	<b>10/1/2021</b>				
	**WG Chicken Nuggets Potato Wedges/Green Beans Applesauce <i>Condiment: Ketchup</i>				
M/MA Vegetables Fruit Grains Milk	Cheeseburger Baked Fries/Cucumbers Pineapple Tidbits *WG Bun <i>Condiment: Ketchup/Ranch</i>	Turkey Meatballs Carrot Coins/Celery Sticks Diced Pears **WG Rotini Pasta <i>Condiment: Ranch</i>	Sloppy Joe Mixed Vegetables Diced Peaches *WG Bun	Cheese Pizza Sweet Corn/Cherry Tomato Fresh Apple <i>Condiment: Ranch</i>	Turkey Hot Dog Vegetarian Beans/Fresh Broccoli Mixed Fruit *WG Bun <i>Condiment: Ketchup/Ranch</i>
M/MA Vegetables Fruit Grains Milk	Chicken Parmesan Green Beans Banana *WG Pasta	Beef Taco Refried Beans/Lettuce & Cheese Applesauce Taco Shells <i>Condiment: Salsa</i>	Mac & Cheese Sweet Corn/Fresh Cauliflower Crushed Pineapple <i>Condiment: Ranch</i>	Cheese Quesadilla Sweet Peas/Baby Carrots Sliced Pears <i>Condiment: Ranch</i>	Pork BBQ Broccoli Cuts/Cucumbers Golden Apple *WG Bun <i>Condiment: Ranch</i>
M/MA Vegetables Fruit Grains Milk	**WG Chicken Nuggets Baked Fries/Celery Sticks Sliced Peaches <i>Condiment: Ketchup/Ranch</i>	Beef Burrito Vegetarian Beans/Cherry Tomato Mandarin Orange <i>Condiment: Ranch</i>	Mozzarella Pizza Sticks Broccoli Cuts Fruit Cocktail <i>Condiment: Marinara Sauce</i>	Meat Sauce Sweet Corn Fresh Orange **WG Spaghetti	Beef Patty w/Gravy Mashed Potato/Baby Carrots Applesauce WG Bread <i>Condiment: Ranch</i>
M/MA Vegetables Fruit Grains Milk	Chicken Patty Tater Tots/Fresh Broccoli Grapes *WG Bun <i>Condiment: Ketchup/Ranch</i>	Beef Taco Pinto Beans/Lettuce & Cheese Pineapple Tidbits Taco Shells <i>Condiment: Salsa</i>	Turkey Mini Corn Dogs Potato Wedges/Sweet Corn Pears <i>Condiment: Ketchup</i>	Cheeseburger Sweet Potato Fries/Cucumbers Peaches *WG Bun <i>Condiment: Ketchup/Ranch</i>	<b>Parent Teacher Conferences            No Student Attendance</b>



\*Whole Wheat  
 \*\*Whole Grain  
 \*\*\*All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Fat Free Flavored Milk

