

Breakfast/Lunch Menu

BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains Fruit or Veg Milk	**WG Cheerios/Corn Flakes Diced Pears, Apple Juice	**WG French Toast Sticks Mixed Fruit, Orange Juice K5-String Cheese/Graham Cracker	Egg Patty Mandarin Orange, Apple Juice K5-Cereal Bar	**WG Pancakes Applesauce, Orange Juice K5-Yogurt/Graham Cracker	**WG Cheerios/Corn Flakes Diced Peaches, Apple Juice
LUNCH MEAL PATTERN					
M/MA Vegetables Fruit Grains Milk			12/1/2021	12/2/2021	12/3/2021
			Meatballs Sweet Peas/Baby Carrots Mixed Fruit Penne Pasta <i>Condiment: Ranch</i>	Vegetable Quesadilla Refried Beans Pears String Cheese <i>Condiment: Salsa</i>	Cheeseburger Tater Tots/Broccoli Cuts Applesauce **WG Bun <i>Condiment: Ketchup</i>
	12/6/2021	12/7/2021	12/8/2021	12/9/2021	12/10/2021
M/MA Vegetables Fruit Grains Milk	Cuban Black Beans Green Beans/Celery Sticks Peaches Brown Rice <i>Condiment: Ranch</i>	Turkey Mini Corn Dogs Potato Wedges/Baby Carrots Mandarin Orange <i>Condiment: Ketchup/Ranch</i>	Tuna Casserole Mixed Veggies/Cherry Tomato Fresh Apple Rotini Pasta <i>Condiment: Ranch</i>	Cheese Pizza Broccoli Cuts/Cucumbers Pineapple Tidbits <i>Condiment: Ranch</i>	Hot Dog Baked Fries/Sweet Corn Mixed Fruit <i>Condiment: Ketchup</i>
	12/13/2021	12/14/2021	12/15/2021	12/16/2021	12/17/2021
M/MA Vegetables Fruit Grains Milk	Vegetable Chili Sweet Peas Pears **WG Slice Bread	Beef Patty w/Gravy Mashed Potato/Carrot Coins Banana **WG Dinner Roll	Mac & Cheese Sweet Corn/Fresh Cauliflower Applesauce Chocolate Chip Cookie <i>Condiment: Ranch</i>	Grilled Cheese Sandwich Mixed Vegetable/Celery Sticks Peaches <i>Condiment: Ranch</i>	Baked Beans Broccoli Cuts/Baby Carrots Mandarin Orange **WG Tortilla <i>Condiment: Ranch</i>
	12/20/2021	12/21/2021	12/22/2021	12/23/2021 12/24/2021	
M/MA Vegetables Fruit Grains Milk	Cheeseburger Sweet Potato Fries/Cucumbers Grapes **WG Bun <i>Condiment: Ketchup/Ranch</i>	Cheese Pizza Green Beans/Cherry Tomato Pineapple Tidbits <i>Condiment: Ranch</i>	Sliced Turkey w/Gravy Mashed Potato/Fresh Broccoli Applesauce **WG Dinner Roll <i>Condiment: Ranch</i>	Winter Break 	
	12/28/2021		12/29/2021	12/30/2021	12/31/2021
M/MA Vegetables Fruit Grains Milk					
	Winter Break				
	<p>*Whole Wheat **Whole Grain ***All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Fat Free Flavored Milk</p>				