
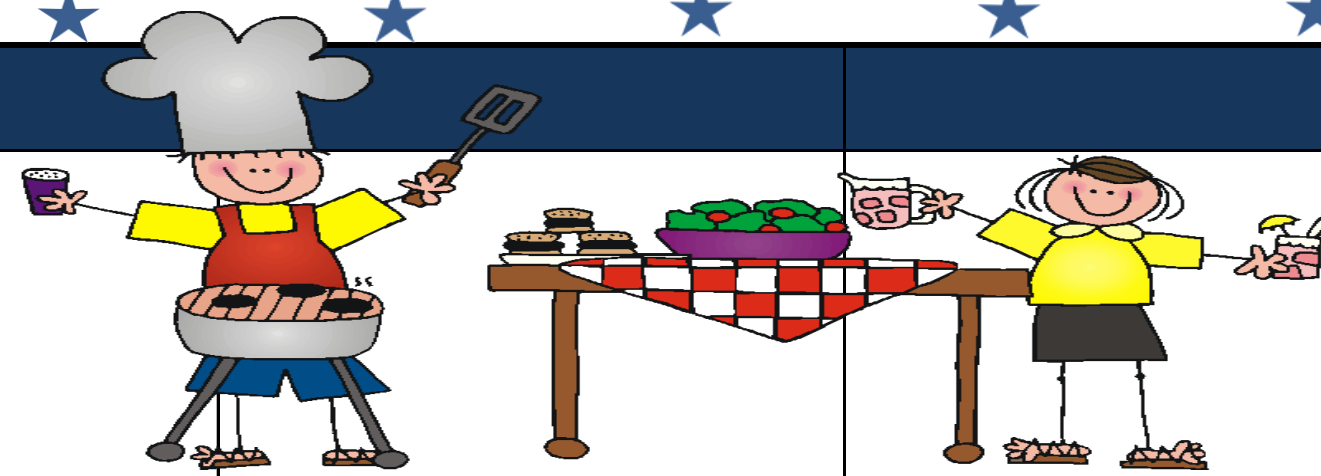

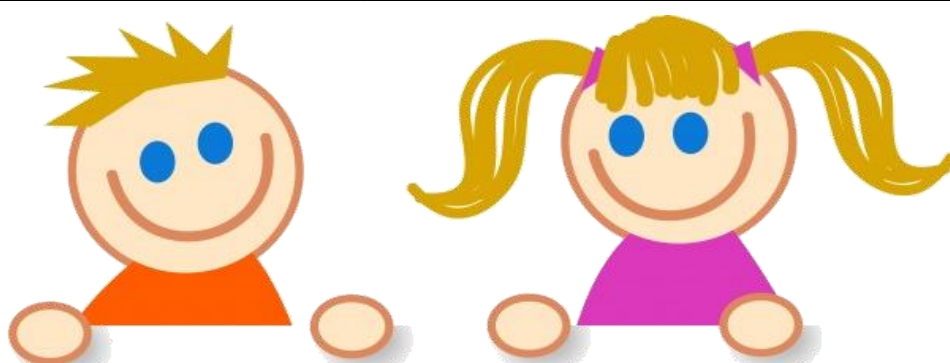


## Breakfast/ Lunch Menu

BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>M/MA or Grains</b> <b>Fruit or Veg</b> <b>Milk</b>	**WG Cheerios/Corn Flakes Diced Pears, Apple Juice	**WG French Toast Sticks Mixed Fruit, Orange Juice K5 - String Cheese/**Graham Cracker	Egg Patty, **WG Slice Bread Mandarin Orange, Fruit Punch Juice K5 - Cereal Bar	Yogurt/**Graham Cracker Mixed Fruit, Orange Juice	**WG Cheerios/Corn Flakes Diced Peaches, Orange Juice
					
LUNCH MEAL PATTERN					7/1/2022
<b>M/MA</b> <b>Vegetables</b> <b>Fruit</b> <b>Grains</b> <b>Milk</b>					**Mozzarella Pizza Sticks Sweet Corn/Celery Sticks Fresh Orange  <i>Condiment: Marinara Sauce/Ranch</i>
	7/4/2022	7/5/2022	7/6/2022	7/7/2022	7/8/2022
<b>M/MA</b> <b>Vegetables</b> <b>Fruit</b> <b>Grains</b> <b>Milk</b>		Chicken Fajitas Pinto Beans Grapes **WG Tortillas  <i>Condiment: Salsa</i>	Fish Sticks Potato Wedges/Mixed Veggies Applesauce  <i>Condiment: Ketchup</i>	Cheese Quesadilla Vegetarina Beans/Baby Carrots Mixed Fruit	Turkey Mini Corn Dogs Baked Fries/Sweet peas Banana  <i>Condiment: Ketchup</i>
	7/11/2022	7/12/2022	7/13/2022	7/14/2022	7/15/2022
<b>M/MA</b> <b>Vegetables</b> <b>Fruit</b> <b>Grains</b> <b>Milk</b>	Chicken Patty Tater Tots/Mixed Veggies Applesauce *WW Bun  <i>Condiment: Ketchup/Ranch</i>	Chili con Carne String Cheese Mixed Veggies Pineapple Tidbits **WG Slice Bread	Hot Dog Baked Fries/Fresh Broccoli Fresh Apple **WG Bread  <i>Condiment: Ranch/Ketchup</i>	Turkey Meatballs Sweet Corn Mandarin Orange **WG Penne Pasta ** Breadstick	Ham & Cheese Sandwich Sunchip Cheddar Cheese Chips Baby Carrots Fresh Orange **WG Bread <i>Condiment: Mayo/Ranch</i>
	7/18/2022	7/19/2022	7/20/2022	7/21/2022	7/22/2022
<b>S</b>	<b>U</b>	<b>M</b>	<b>M</b>	<b>E</b>	<b>R</b>
	7/25/2022	7/26/2022	7/27/2022	7/28/2022	7/29/2022
<b>B</b>	<b>R</b>	<b>E</b>	<b>A</b>	<b>K</b>	



\*Whole Wheat  
\*\*Whole Grain  
\*\*\*All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Fat Free Flavored Milk

This Institution is an equal opportunity provider  
Menu subject to change without notice

