

Breakfast/Lunch Menu

BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains Fruit or Veg Milk	**Cheerios/Corn Flakes Diced Pears	**French Toast Sticks Applesauce	Egg Patty, **Slice Bread Mandarin Orange	Yogurt, Graham Cracker Banana	**Cheerios/Corn Flakes Diced Peaches
		K5-String Cheese/Graham Cracker	K5-Cereal Bar	K5-Yogurt/Graham Cracker	
	K5-8th: Apple Juice	K5-8th: Orange Juice	K5-8th: Apple Juice	K5-8th: Orange Juice	K5-8th: Apple Juice
LUNCH MEAL PATTERN					
	10/3/2022	10/4/2022	10/5/2022	10/6/2022	10/7/2022
M/MA Vegetables Fruit Grains Milk	Turkey Ham/Cheese Sandwich Green Beans/Celery Sticks Fresh Orange **Bread <i>Condiment: Ranch</i>	Garlic Cheese Pizza Broccoli Cuts/Baby Carrots Mixed Fruit <i>Condiment: Ranch</i>	Tuna Casserole Sweet Corn/Cucumbers Fresh Red Apple Rotini Pasta <i>Condiment: Ranch</i>	Beef Taco Beans/Lettuce & Cheese Peaches Taco Shells <i>Condiment: Salsa</i>	Turkey Hot Dog Potato Wedges/Fresh Cauliflower Applesauce *Bun <i>Condiment: Ketchup/Ranch</i>
	10/10/2022	10/11/2022	10/12/2022	10/13/2022	10/14/2022
M/MA Vegetables Fruit Grains Milk	Mozzarella Pizza Sticks Sweet Corn/Cucumber Pears <i>Condiment: Marinara Sauce</i>	Chicken Parmesan Carrot Coins/Fresh Broccoli Banana **Breakstick **Spaghetti <i>Condiment: Ranch</i>	Mac & Cheese Green Beans/Cherry Tomato Pineapple Tidbits	Chicken Fajitas Vegetarian Beans/Peas Grapes *Tortilla	Cheese Quesadilla Broccoli Cuts/Baby Carrots Mandarin Oranges <i>Condiment: Ranch</i>
	10/17/2022	10/18/2022	10/19/2022	10/20/2022	10/21/2022
M/MA Vegetables Fruit Grains Milk	**Chicken Nuggets Potato Wedges/Celery Sticks Fresh Gold Apple <i>Condiment: Ketchup/Ranch</i>	Chicken Soft Tacos Beans/Lettuce & Cheese Peaches *Tortilla <i>Condiment: Salsa</i>	Chili con Carne String Cheese Mixed Veggies/Sweet Corn Fresh Tangerine **Breadstick	Toasted Cheese Sandwich California Blend/Cucumber Applesauce **Bread <i>Condiment: Ranch</i>	Turkey Mini Corn Dogs Baked Fries/Fresh Broccoli Mixed Fruit <i>Condiment: Ketchup/Ranch</i>
	10/24/2022	10/25/2022	10/26/2022	10/27/2022	10/28/2022
M/MA Vegetables Fruit Grains Milk	Spaghetti & Meatballs Green Beans/Fresh Cauliflower **Breadstick Pears <i>Condiment: Ranch</i>	Popcorn Chicken Sweet Potato Fries/Cucumber Fresh Orange <i>Condiment: Ketchup/Ranch</i>	Garlic Cheese Pizza Sweet Corn/Baby Carrots Peaches <i>Condiment: Ranch</i>	Beef and Cheesy Nachos Beans Lettuce & Tomato Apricot <i>Condiment: Salsa</i>	Parent Teacher Conferences No Student Attendance
	10/31/2022				
M/MA Vegetables Fruit Grains Milk	Professional Development No Student Attendance	*Whole Wheat **Whole Grain ***All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Fat Free Flavored Milk			

This Institution is an equal opportunity provider
Menu subject to change without notice

