



## Lunch/Breakfast Menu for January 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>BREAKFAST</b> **WG Cherrios/Corn Flakes, **WG Bread Peaches	<b>BREAKFAST</b> French Toast w/Syrup Mixed Fruit	<b>BREAKFAST</b> Egg Omelet,**WG Bread Fresh Fruit	<b>BREAKFAST</b> Pancakes Fresh fruit	<b>BREAKFAST</b> **WG Cherrios/Corn Flakes  Mandarins
	K5-8 Apple Juice	K5-8 Fruist Punch Juice	K5-8 Apple Juice	K5-8 Apple Juice	K5-8 Oranges Juice
		<b>Winter Break - School Closed</b>			
<b>Pattern</b>	<b>1/2/2022</b>	<b>1/3/2022</b>	<b>1/4/2022</b>	<b>1/5/2022</b>	<b>1/6/2022</b>
<b>M/MA Vegetables Fruit Grains Milk</b>		<b>P.D.</b>	Turkey Mini Corn Dogs Baked Fries/Steamed Broccoli Fresh Apple  Condiments: Ketchup	Chicken Parmesan Mixed Vegetables/ Celery Sticks Peaches **WG Pasta  <i>Condiment: Ranch</i>	Chili Con Carne Baby Carrots Pears **WG Saltine Crackers String Cheese
	<b>1/9/2022</b>	<b>1/10/2022</b>	<b>1/11/2022</b>	<b>1/12/2022</b>	<b>1/13/2022</b>
<b>M/MA Vegetables Fruit Grains Milk</b>	**WG Pasta w/Turkey Meatballs Fresh Broccoli/Sweet Corn Applesauce **WW Breadstick  <i>Condiment: Ranch</i>	Chicken Soft Tacos Pinto Beans & Lettuce Fresh Orange **WG Tortilla Cheese  <i>Condiment: Salsa</i>	Beef Patty/Gravy Cucumbers/Sweet Peas Pears Brown Rice  <i>Condiment: Ranch</i>	Grilled Cheese Baby carrots/Baked Fries Bananas **WG slice bread  <i>Condiment: Ranch</i>	Sloppy Joe Mixed Veggies/Broccoli Cuts Sliced Peaches **WG Bun
	<b>1/16/2022</b>	<b>1/17/2022</b>	<b>1/18/2022</b>	<b>1/19/2022</b>	<b>1/20/2022</b>
<b>M/MA Vegetables Fruit Grains Milk</b>	Garlic Cheese Pizza Broccoli/Sweet Corn Pineapple Tidbits	**WG Chicken Nuggets Baked Tater Tots/Carrots Grapes  <i>Condiment: Ketchup</i>	Chicken Alfredo Penne Pasta Celery Sticks/Steam Cauliflower Applesauce **WW Breadstick  Condiment: Ranch	Sliced Turkey Mashed Potato w/Gravy/ GreenBeans Mandarin Oranges ** WG Dinner Roll	Hot Dog Sweet Potatoes Fries/Steamed Carrots Diced Peaches *WW Bun  <i>Condiment: Ketchup</i>
	<b>1/23/2022</b>	<b>1/24/2022</b>	<b>1/25/2022</b>	<b>1/26/2022</b>	<b>1/27/2022</b>
<b>M/MA Vegetables Fruit Grains Milk</b>	Mac & Cheese Sweet Corn/Carrots Coins Pineapple Tidbits **WG Breadstick  <i>Condiment: Ranch</i>	Chicken Patty Potato Wedges/Cucumbers Tangerine **WG Bun  <i>Condiment:Ranch</i>	Beans & Cheese Tostadas Lettuce/Beans Sliced Pears  <i>Condiments: Salsa</i>	Tuna Casserole Steam Broccoli/Baby Carrots Fresh Apple  Condiment: Ranch	Mozarella Pizza Sticks Sweet Corn/ Cherry Tomatoe Mixed Fruits  <i>Condiment: Marinara</i>
	<b>1/30/2022</b>	<b>1/31/2022</b>			
<b>M/MA Vegetables Fruit Grains Milk</b>	<b>P.D.</b>	Beef Lasagna Broccoli/California Blend Pineapple Tidbits **WG Breadsticks			

\*Whole Wheat  
\*\*Whole Grain  
\*\*\*All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Flavored milk



This Institution is an equal opportunity provider  
Menu subject to change without notice

G.Vazquez